

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



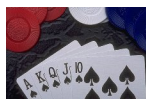
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Spring weather.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
APRIL, 2015**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends.



April 7th - Floral Tiles (Decal)
April 14th - Faces, Eyes, Features
April 21st - Rock Art
April 28th - NO CLASS

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Northwood Retirement Community at 10 a.m. on Friday April 17th.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, April 7th & 21st.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, April 7th & 21st.**

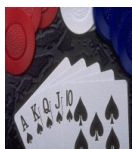


- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you.

CARD TOURNEYS



- **Thursday, April 2nd**
Cinch Tourney
- **Thursday, April 9th**
Rum Tourney
- **Thursday, April 16th**
Sheephead Tourney
- **Thursday, April 23rd**
Euchre Tourney
- **Thursday, April 30th**
Rum Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, April 6th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m. the morning you play.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. Wednesday, April 1st and Friday the 24th.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning the game. **Please call in by 10 a.m. if you are coming in to play.**

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. Wednesday, April 8th & Monday the 27th.** Bring your change, we play for 10 cents a round and 25 cents a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. Wednesdays April 15th & 29th** We have a lot of fun! **Please call in by 10 a.m. game day if you would like to play.**



- **SCRABBLE:** How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, April 14th & 28th.** We have a lot of fun! **Please sign-up by 10 a.m. game day if you plan to attend.**

- **PHASE-10:** Will be played **Wednesday, April 22nd at 12:30 p.m.** It is a fun easy card game. We play a quarter a game. **Please call in by 10:00 a.m. if you would like to play.**

- **HEARTS:** Is a fun game we will play at **12:30 p.m. Friday, April 10th and Monday the 20th.** This game is easy to learn and very enjoyable. We play a quarter a game with low score winning! **Call in by 10:00 a.m. if you will be able to play.**

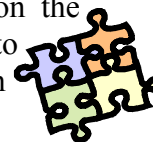
- **GOLF:** The card game, will played **Monday, April 13th and Tuesday the 28th at 12:30.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. to sign up.**

- **5-HANDED CINCH:** We are going to play some games for fun on **Tuesday, April 14th at 12:30 p.m.** **Please sign-up by 10 a.m. game day.**

- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing, Baseball, Zumba & Just Dance are available for you to play.



- **PUZZLES:** We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **CINCH LESSONS:** Seniors interested in learning the game please call the Center at 812-482-4455 as soon as possible. We'd like to get classes started **Wednesday, April 15th. at 1:00 p.m.** in the Lower Level Card Room.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER
MARCH, 2015

SPECIAL ACTIVITIES

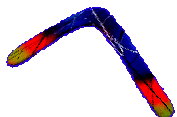
- **LUNCH BUNCH:** Is Wednesday, April 22nd at Pizza Hut. We will meet there at 11:00 a.m. You can order from the menu or get the buffet for \$6.43 with water. As always the meal is "dutch treat". **Reservations are due by 3:00 p.m. Thursday, April 16th.** Come enjoy good food and visit with old friends & make new ones!



- **CATERED MEAL:** Will be held at 12:00 Friday, April 17th with Catering by Meyer preparing the meal. The menu will be: Beef tips over noodles, broccoli and cauliflower with cheese on the side, glazed carrots, combination salad with 2 dressings to select from, wheat rolls, cake and unsweetened ice tea or decaf coffee. Cost of the meal is \$8.50. **Please make your reservations by 3:00 p.m. Thursday, April 9th.**



- **BOOMERAMA:** Monday, April 20th at 12:00, Jan Dougan with the Purdue Extension Office will be the our guest speaker. Jan will give a presentation entitled "Nourish Your Body". The program is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, April 17th.**



- **BOOK CLUB:** Will discuss "The Devil's Bed" by William Kent Krueger at 12:30 p.m. Thursday, April 9th. May's book will be "The Boys in the Boat", by Daniel James Brown. Based on a true story of the 8 man University of Washington oar team that competed for gold at the 1936 Berlin Olympics in front of Adolf Hitler. New members are always welcome.



TRIPS

DERBY DINNER

"7 Brides For 7 Brothers"

The bus will leave the Jasper Armory Tuesday, April 28th at 9:30 a.m. & pick-up at Huntingburg United Methodist Church at 9:45.



Baseball Game

We will be taking our 5th annual baseball trip to see the St. Louis Cardinals versus the Cubs at St. Louis on Thursday, May 7th. The game has a 1:45 p.m. (Eastern) start time. **Cost of the trip is \$65.00** which includes seat in Section 128 of the Lower Right Field box and transportation. Food and drink will be on your own. We will leave the Jasper Armory at 8 a.m. and pickup in Huntingburg at 8:15 a.m.



Small 16"x16"x 8" bags/coolers are allowed in the ballpark with food and non-alcoholic beverages in **plastic containers only. (No 2 liter bottles are allowed.)** Sign-up by phone starting at 7:30 a.m. Monday, April 6th and money will be due Friday, April 24th. If you have questions please give us a call or visit www.stlouiscardinals.com for more information.

Texas Tenors

For the seniors attending this trip: the bus will leave the Jasper Armory at 4 p.m. on Friday, May 15th. A stop will be made on the way over to eat, "dutch treat" at the Ponderosa.



Future Trip

We are planning a trip to Badgett's Playhouse and Patti's for Thursday, June 25th to see the matinee performance of "The Fabulous 50's Show." Sign-ups and more information will be in May newsletter.

Dubois County

Medication Collection Day

Saturday, April 25, 2015

COLLECTION SITES:

Jasper State Police Post 2209 Newton St.

10:00 a.m. - 2:00 p.m.

Ferdinand Fire Station, 504 W Main Street

10:00 a.m.- 12:00 p.m.

Holland Fire Station, 221 E 4th Street

10:00 a.m. - 12:00 p.m.

Huntingburg Police Station, 503 1st Street

24/7 Disposal

Please take this opportunity to discard all unused or outdated medications. They will be disposed of in a safe environmentally friendly way at no cost to you. No Sharps.



• **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

• **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



ORDER YOUR EASTER EGGS!

Call The Center at 482-4455 between 8:00 a.m. & 3:45 p.m. and reserve your Easter Eggs. They will be **\$4.00 per dozen** and can be paid for and picked up between 8:00 a.m. and 3:45 p.m.



Tuesday, March 31st thru Thursday, April 2nd. The Center will be closed Friday, April 3rd, in observance of Good Friday.

Tax Filing Assistance Available

The Habig Center 9 a.m. to 3 p.m.

March 26th & April 2nd & 9th

To schedule an appointment

Call 812-482-4455

Huntingburg Senior Center is offering assistance; their information is on page 7 of this newsletter.

Ferdinand Senior Center

Will be offering Filing Assistance

Call Mary at 812-367-2842

HAPPY BIRTHDAY APRIL



3 rd	Esther Englert
4 th	Lelani Wittwer
5 th	Pearl Spayd
13 th	Susie McKee
13 th	Frieda Messmer
15 th	Joyce Voegerl
18 th	Mary Elizabeth Gross
22 nd	Ken Steltenpohl
24 th	Elaine Reuber
24 th	Emily Kalb
24 th	Matilda Burger
28 th	Norida Hilgeman
30 th	Bonnie Wininger

Anniversaries

APRIL

4 th	Hilary & Marilyn Lampert
9 th	Russell & Priscilla Starkey
10 th	Conley & Mary Letterman
16 th	Denny & Mary Moeller
20 th	Earl & Shirley Knust
20 th	Denny & Diane Henke
21 st	Tom & Marian Hopf
30 th	Jerry & Ann Summers

Recipe Exchange



Two Minute Hawaiian Pie

Ingredients:

1 pkg. (5 ¼ oz.) instant vanilla pudding (dry)

1 can (20 oz) crushed pineapple in syrup, (do not drain)

1 container (8 oz) sour cream

1 graham cracker pie crust

Sliced or crushed pineapple and maraschino cherries for garnishing

1 8 oz. cool whip

Directions:

In a small bowl combine the first 3 ingredients until well blended. Pour into crust. When set up, top with Cool Whip. Garnish as desired.

Submitted by: Brenda Schitter

Have a good recipe to share? We would be happy to publish it.

• **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

CENTER WILL BE CLOSED

Friday, April 3rd - Good Friday

Sunday, April 5th - Easter

We hope you all have a happy Easter!!!

